

Comprehension (Seen and Unseen Passages)

Syllabus

- 3.1 1 Passages from MSBTE workbook 1. Say No to Plastic bags 2. Interview of Dr. APJ Abdul Kalam
3. Maximum Achievements 4. Be Remarkable 5. Arunima Sinha : A Biography 6. Roses of Gratitude
- 3.2 Importance of Comprehension
- 3.3 Unseen Passages
- 3.4 Interpretation of passages in written and Spoken form

Theory Learning Outcomes (TLO's) aligned to CO's.

- TLO 3.1 Respond to the given questions of the specified passage.
- TLO 3.2 Formulate sentences using new words
- TLO 3.3 Use correct syntax to construct meaningful sentences for the given situation.
- TLO 3.4 Respond to the questions on the given seen & unseen passages.

Part A : Importance of Comprehension

▶▶ 3.0 PASSAGES FROM MSBTE WORKBOOK

(A) Say No to Plastic Bags

The passage talks about the serious issue of plastic pollution and its harmful effects on our cities and environment. It describes how plastic waste like bags, wrappers, and bottles is everywhere, making our streets and drains dirty. The problem is that plastic doesn't break down naturally, so it stays in the environment for a very long time.

The passage explains that plastic is made from materials that are durable and resistant to chemicals, which is why it's used for many things we use daily. But because it doesn't go away, it's causing big problems. For example, the drains in some cities get blocked because of plastic, leading to flooding during rains.

The author tells us that even though people in India use less plastic per person compared to Western countries, the huge population makes the total plastic waste very high. The author criticizes the bad habit of throwing plastic on the streets, assuming that someone else will clean it up.

The passage also gives examples of places like Goa and Ooty where plastic bans have worked well. By not using as much plastic and by being responsible for our own waste, these places have become cleaner. The passage suggests some things we can do, like using reusable bags and bottles, and not buying things with too much packaging. The idea is that if everyone uses less plastic, our cities will be cleaner and the environment will be healthier.

Glossary

1. **Pervasive** : Widespread; existing everywhere.
2. **Non-Biodegradable** : Unable to be broken down naturally by living organisms.
3. **Composition** : The materials and substances that something is made of.
4. **Polyethylene, Polyvinyl Chloride, Polystyrene** : Different types of plastic materials used in making various products.

5. **Versatile** : Able to adapt or be used in different ways.
6. **Mitigate** : Reduce or lessen the impact or severity of something.
7. **Sustainable Practices** : Actions that can be continued over the long term without harming the environment or depleting resources.
8. **Revert** : Go back to a previous state or practice.
9. **Community Participation** : Involvement and contribution of people within a certain group or area to achieve a common goal.
10. **Discarded** : Thrown away or abandoned.
11. **Flooding** : An overflow of water onto land that is usually dry.
12. **Per Capita** : For each individual person.
13. **Assuming** : Believing or expecting something to be true without proper evidence.
14. **Reusable** : Something that can be used multiple times.
15. **Contamination** : The introduction of harmful or unwanted substances into an environment.
16. **Organisms** : Living things, such as animals, plants, and microorganisms.
17. **Hazard** : Something that poses a threat or danger.
18. **Durable** : Able to withstand wear, pressure, or damage.
19. **Dispose** : Get rid of something, often by throwing it away.
20. **Regulations** : Rules or laws set by authorities to control certain activities.
21. **Criticizes** : Expresses disapproval or negative feedback.
22. **Reusability** : The quality of being able to be used again.
23. **Ban** : A prohibition or restriction on something.
24. **Responsibility** : Being accountable for one's actions and their consequences.
25. **Healthier** : Beneficial for the well-being and condition of something.

Exercises

Q. 1 What is the primary environmental problem caused by plastic pollution ?

Ans. : The primary environmental problem caused by plastic pollution is the widespread contamination of cities and natural spaces due to discarded plastic items, which clog drains, litter streets, and negatively affect the environment.

Q. 2 Why is plastic considered an environmental hazard ?

Ans. : Plastic is considered an environmental hazard because it does not biodegrade naturally. Its synthetic composition makes it resistant to decomposition, leading to its long-lasting presence in the environment.

Q. 3 Describe the composition and characteristics of plastics.

Ans. : Plastics are composed of materials such as polyethylene, polyvinyl chloride, and polystyrene. These materials can be shaped into complex forms and are resistant to chemicals. They are used to make various durable and disposable products, as well as packaging materials.

Q. 4 Explain why plastic waste is a significant concern in Bangalore.

Ans. : Bangalore generates around 40 tons of plastic waste daily, leading to concerns about its environmental future. The plastic waste is improperly discarded and ends up clogging stormwater drains, causing problems like flooding during the rainy season.

Q. 5 How does the plastic consumption of Indians compare to that of Europeans and Americans?

Ans. : Indians use an average of three kilograms of plastic per person per year, which is significantly lower than the 60 kilograms used by Europeans and 80 kilograms used by Americans.

Q. 6 What is the role of the local community in the success of plastic bans in Goa and Ooty?

Ans. : In Goa and Ooty, the local communities played a crucial role in the success of plastic bans. They actively enforced the bans and took pride in maintaining clean environments, contributing to the reduction of plastic waste.

Q. 7 How does the passage suggest individuals can contribute to reducing plastic pollution?

Ans. : The passage suggests that individuals can contribute to reducing plastic pollution by adopting responsible practices, such as using reusable bags, carrying personal water bottles, and minimizing unnecessary packaging.

Q. 8 Why does the author mention the example of fisherwomen in Goa and newspaper bags in Ooty?

Ans. : The example of fisherwomen in Goa and newspaper bags in Ooty illustrates how these places have creatively adapted to the plastic ban. Fisherwomen use newspapers as an alternative to plastic bags, and Ooty provides stylish newspaper bags to replace plastic ones.

Q. 9 What is the main message or solution proposed in the passage regarding plastic pollution?

Ans. : The main message and solution proposed in the passage regarding plastic pollution is that individuals need to take responsibility for their plastic consumption habits. By collectively reducing plastic usage through responsible practices, cities can mitigate the problem of plastic pollution and maintain cleaner environments.

Q. 10 What makes plastic an environmental threat?

Ans. : Plastic poses an environmental threat due to its non-biodegradable nature. Unlike organic materials, plastic doesn't break down over time, leading to its accumulation in cities and natural environments. This persistent waste clogs drains, pollutes streets, and harms ecosystems, making plastic pollution a pressing environmental concern.

Q. 11 How have plastic bans positively impacted certain destinations?

Ans. : Plastic bans have led to positive transformations in places like Goa and Ooty. These tourist destinations faced plastic waste issues, but strict bans yielded visible improvements. Notably, residents embraced bans and took ownership of their environments. Cleaner streets, water bodies, and reduced plastic waste demonstrate the success of these measures in enhancing the overall aesthetics and health of these locations.

Q. 12 What is the author's advice to individuals regarding plastic consumption?

Ans. : The author advises individuals to adopt responsible consumption habits to combat plastic pollution. Practical steps, such as using reusable bags, carrying personal water bottles, and minimizing unnecessary packaging, can significantly reduce plastic usage. The passage underscores the importance of individual choices in collectively addressing the pressing problem of plastic waste in urban environments.

Q. 13 How does plastic's resistance to decomposition impact the environment?

Ans. : Plastic's resistance to decomposition contributes to its environmental impact. Unlike natural materials that biodegrade, plastics persist for long periods, accumulating in the environment. This leads to issues like clogged drains, littered streets, and damaged ecosystems. The fact that a discarded plastic bottle can endure for millions of years highlights the urgent need to address plastic pollution to protect the environment and ensure its sustainability.

Q. 14 Identify synonyms for the underlined words/phrases in the passage.

a) Scourge b) Pervasive c) Detrimental d) Exacerbated e) Adhering f) Aesthetics

Ans. : (a) plague (b) widespread (c) harmful (d) worsened (e) following (f) appearance

Q. 15 Choose appropriate words from the passage to fill in the blanks.

- (a) Plastic pollution is a _____ issue, causing harm to our environment.
 (b) The _____ nature of plastic means it doesn't break down naturally.
 (c) The _____ of plastic waste in the city is alarming.
 (d) The success of the plastic ban was due to the active _____ of the community.
 (e) Plastic bans have brought about positive changes in Goa and Ooty, improving their _____.

Ans. : (a) grave (b) non-biodegradable (c) accumulation (d) participation (e) aesthetics

Q. 16 Provide the appropriate word from the passage that fits in the following sentences.

- (a) The _____ of plastic bags in our oceans poses a serious threat to marine life.
 (b) The _____ of plastic waste on the streets can lead to various health and environmental problems.
 (c) By _____ to the ban on single-use plastics, citizens showed their commitment to a cleaner environment.
 (d) The _____ transformation of the city after the plastic ban was truly impressive.
 (e) The _____ of plastic in our cities demands immediate attention and action.

Ans. : (a) accumulation (b) presence (c) adhering (d) remarkable (e) prevalence

Q. 17 Use the given words to form new sentences that demonstrate understanding of their meanings.

(a) Non-biodegradable (b) Detrimental (c) Adhere (d) Accumulation (e) Aesthetics

- Ans. :** (a) Plastic bottles are non-biodegradable, meaning they do not break down naturally over time.
 (b) The detrimental effects of plastic pollution on marine ecosystems are a cause for concern.
 (c) Citizens should adhere to responsible waste disposal practices to prevent environmental damage.
 (d) The accumulation of plastic waste in our oceans poses a significant threat to marine life.
 (e) The city's efforts to improve the aesthetics of public spaces include removing plastic litter.

(B) Roses of gratitude

Ajay Prasad, a young boy of ten, felt perplexed by his teacher, Mrs. Kumar, who had always been fond of him. His father, once employed as a foreman in an iron foundry, faced unemployment in 1950. With his mother working part-time as a domestic helper, their family of six resided in a modest, old three-room house.

Although Ajay excelled academically, his grasp of English began only when he started school. He mustered the courage to ask Mrs. Kumar about her apparent dissatisfaction. Unexpectedly, Mrs. Kumar offered to find him a pair of shoes. After purchasing shoes, a shirt, and shorts, they returned to school for tea.

Attempting to express his gratitude, Ajay sensed Mrs. Kumar's hurried demeanor, leaving little room for conversation. His attempts to thank her were cut short, leaving him unable to properly convey his feelings. With time, he lost contact with his beloved teacher, never finding the right moment to express his appreciation.

In 1991, Ajay endured a heart attack and contemplated reconnecting with Mrs. Kumar. Contacting her son in August, Ajay learned that Sheila Kumar, along with her husband, had retired and moved to Dehradun.

Upon communicating with Sheila, Ajay expressed his desire to meet her, yet uncertainty lingered. On a September day, he journeyed to Dehradun armed with a bouquet of roses. Their reunion was filled with warmth and reminiscing. Sheila wondered aloud how she could adequately thank Ajay for his effort.

Glossary

1. **Admired** : Regarded with respect and approval.
2. **Foreman** : A person in charge of a group of workers.
3. **Laid off** : Terminated from employment.
4. **Part-time** : Involving a limited number of hours per week.
5. **Domestic servant** : Someone employed to perform household chores and tasks.
6. **Modest** : Simple and unpretentious.
7. **Excelled** : Achieved a high level of success or proficiency.
8. **Academically** : Pertaining to education and learning.
9. **Grasp** : Understanding or comprehension.
10. **Mustered** : Summoned the courage or effort.
11. **Perplexed** : Confused or puzzled.
12. **Dissatisfaction** : Feeling of discontent or unhappiness.
13. **Apparent** : Obvious or clear.
14. **Demeanor** : Behavior or manner.
15. **Adequately** : Sufficiently or satisfactorily.
16. **Reunion** : A meeting or gathering of people after a period of separation.
17. **Reminiscing** : Recalling and talking about past experiences.
18. **Ice** : Piece of ice formed by the freezing of dripping water.
19. **Strode** : To walk with long steps
20. **Lilting** : Rising and falling of voice

Exercise

Q. 1 Why was Ajay puzzled by Mrs. Kumar's recent behavior?

Ans. : Ajay, a ten-year-old, was puzzled by Mrs. Kumar's recent attitude because she had always shown admiration for him. Her sudden change in demeanor left him bewildered and eager to understand the cause behind her dissatisfaction.

Q. 2 How was Mrs. Kumar's look according to Ajay?

Ans. : According to Ajay, Mrs. Kumar's appearance was usually characterized by a serene smile. This perception was formed after she had tousled his hair and encouraged him during a classroom moment. He admired her for this demeanor and it played a significant role in shaping his deep respect and regard for her.

Q. 3 Describe Ajay's family situation and living conditions.

Ans. : Ajay's family consisted of six members. His father had been laid off from an iron foundry, and his mother worked part-time as a domestic helper. They lived modestly in a small, old house in Lucknow.

Q. 4 How did Ajay initially struggle when he started school?

Ans. : When Ajay started school, he struggled with English, which he had not learned before.

Q. 5 Why pleasing Mrs. Kumar was the most important thing in Ajay's life?

Ans. : Pleasing Mrs. Kumar became the most important goal in Ajay's life because of a significant incident in his classroom. Mrs. Kumar had acknowledged his capability in front of the entire class, boosting his confidence. Her encouragement motivated him to think critically and solve a problem successfully. This incident instilled in him a strong desire to maintain her respect and admiration. As a result, pleasing her became his priority, driving his determination to excel and gain her approval.

Q. 6 How did Ajay's teacher help him?

Ans. : Ajay's teacher, Mrs. Kumar, helped him in a few meaningful ways. Firstly, she recognized his potential and encouraged him during a classroom moment when she tousled his hair and urged him to think. This boosted his

confidence and motivated him to excel academically. Additionally, when he faced confusion about her recent dissatisfaction, she unexpectedly bought him new shoes, a shirt, and shorts. These acts of generosity demonstrated her care and support for his well-being. Ultimately, her guidance, encouragement, and unexpected gestures of kindness left a lasting impact on Ajay's life.

Q. 7 Explain the importance of a teacher in a student's life.

Ans. : A teacher holds immense importance in a student's life for several reasons. Firstly, teachers are sources of knowledge and wisdom, imparting subject-specific information and broader life lessons. They inspire students to think critically, question, and explore, fostering intellectual growth. Moreover, teachers serve as role models, shaping students' values, attitudes, and behavior. They provide guidance, encouragement, and support, helping students navigate challenges and develop their potential.

Teachers also create a conducive learning environment, promoting interaction and collaboration. They identify students' strengths and weaknesses, tailoring instruction to individual needs. A teacher's mentorship extends beyond academics, offering emotional support and guidance during crucial developmental stages.

Ultimately, a teacher's influence extends beyond the classroom, shaping students' aspirations, character, and lifelong learning habits. Their impact is profound, contributing significantly to students' personal and professional growth.

Q. 8 How did Ajay decide to address Mrs. Kumar's dissatisfaction?

Ans. : Ajay decided to ask Mrs. Kumar directly about her dissatisfaction.

Q. 9 What unexpected gesture did Mrs. Kumar make towards Ajay?

Ans. : Mrs. Kumar offered to buy Ajay a new pair of shoes and later bought him a shirt and shorts.

Q. 10 Why was Ajay unable to express his gratitude adequately to Mrs. Kumar?

Ans. : Mrs. Kumar's hurried manner prevented Ajay from expressing his gratitude adequately.

Q. 11 What prompted Ajay to reconnect with Mrs. Kumar after many years?

Ans. : A heart attack in 1991 prompted Ajay to revisit his past and reconnect with Mrs. Kumar.

Q. 12 How did Ajay finally manage to meet Mrs. Kumar again?

Ans. : Ajay wrote to his old school and got in touch with Mrs. Kumar's son, who provided her contact information.

Q. 13 Describe the atmosphere of the reunion between Ajay and Mrs. Kumar.

Ans. : The reunion between Ajay and Mrs. Kumar was marked by warmth and nostalgic reminiscing. Their meeting after a long separation was filled with emotion, and it allowed them to catch up on each other's lives.

Q. 14 What did Sheila Kumar wonder about as Ajay was leaving?

Ans. : As Ajay was preparing to leave after their reunion, Sheila Kumar pondered how she could adequately express her gratitude to him for his effort in reconnecting and for the kindness he had shown in the past.

Q. 15 Choose the appropriate word from the word bank to complete each sentence:

Word Bank :

- | | | | |
|--------------|----------------|-------------|----------------|
| (a) Puzzling | (b) Admiration | (c) Modest | (d) Resilience |
| (e) Dilemma | (f) Generosity | (g) Reunion | (h) Eloquent |
| (i) Evoke | (j) Gratitude | | |

- A. The _____ expression on his face showed that he was trying to decipher the complex riddle.
- B. His consistent hard work and dedication earned him the _____ of his teachers and classmates.
- C. Despite their _____ living conditions, the family managed to maintain a positive outlook on life.
- D. Her _____ in the face of adversity was truly inspiring; she never gave up, even when things were tough.
- E. Choosing between two equally appealing options was a difficult _____ for him.
- F. Mrs. Smith's _____ knew no bounds; she often volunteered her time and resources to help others in need.
- G. The long-awaited _____ between the old friends was filled with tears of joy and warm embraces.
- H. Her _____ speech moved the audience to tears, as she beautifully expressed her appreciation for their support.
- I. The old photograph _____ memories of their childhood adventures, making them smile fondly.
- J. He expressed his _____ to his mentor for guiding him through challenging times and offering valuable advice.

Answers :

- | | | | |
|-------------|---------------|------------|---------------|
| A. Puzzling | B. Admiration | C. Modest | D. Resilience |
| E. Dilemma | F. Generosity | G. Reunion | H. Eloquent |
| I. Evoke | J. Gratitude | | |

(C) Interview of Dr. APJ Abdul Kalam

The passage presents an interview with Dr. Kalam, an energetic octogenarian. Despite his age, Dr. Kalam exudes vitality and life as he engages in a candid conversation. The interview revolves around the concept of success and its components. Dr. Kalam mentions his 'thinking hut' at Rashtrapati Bhawan, from where two books were born. He discusses his journey and imparts valuable insights into living a fulfilling life.

The interviewer questions Dr. Kalam about the factors that drive individuals to pursue their dreams. Dr. Kalam attributes the pursuit of dreams to a combination of factors, including the guidance of exceptional teachers, supportive parents, and a spiritually enriching environment at home. He emphasizes the transformation of goals into achievements despite challenges, reflecting his lifelong commitment to this principle.

Dr. Kalam further delves into the idea of handling failures. Drawing from personal experience and interactions with successful individuals worldwide, he underscores the notion that success often contains an element of failure. This perspective reflects the resilience required to overcome setbacks and progress toward one's aspirations.

The dialogue shifts to the employability of engineering graduates in India. Dr. Kalam shares his observations from a Canadian university where practical industry exposure is integrated into the curriculum. He contrasts this with the situation in India, where a lack of integration between academia and real-world application contributes to unemployment.

The interview then explores the importance of entrepreneurship and skill development. Dr. Kalam laments the absence of entrepreneurial education in the curriculum, leading to a surplus of job seekers. He advocates for early skill training during education to bridge this gap.

The conversation concludes with Dr. Kalam identifying four key qualities for success: having a clear life goal, acquiring knowledge through various means, embracing hard work with devotion to the mission, and demonstrating unwavering perseverance. He emphasizes the value of singular focus, suggesting that concentrating on one goal can lead to significant accomplishments. Dr. Kalam encourages readers to think big and cultivate great thoughts, as thoughts translated into actions backed by dedication and perseverance inevitably lead to success.

In essence, the passage captures the wisdom and insights of Dr. Kalam, portraying his views on success, dreams, failures, education, and the essential qualities that drive achievement. His words provide readers with valuable guidance on how to navigate life's challenges and maximize their potential for success.

Glossary

1. **Octogenarian** : A person who is between 80 and 89 years old.
2. **Enthusiasm** : Intense and eager interest or excitement.
3. **Freewheeling** : Unrestrained or unrestricted in style or manner.
4. **Resilience** : The ability to recover from setbacks and adversity.
5. **Integration** : The act of combining or coordinating different parts into a unified whole.
6. **Curriculum** : The subjects and courses taught in an educational institution.
7. **Entrepreneurship** : The process of starting and managing a business venture.
8. **Employability** : The degree to which a person possesses skills and attributes that make them suitable for employment.
9. **Aspirations** : Ambitions, hopes, or goals for the future.
10. **Perseverance** : Persistence and determination in the face of challenges.
11. **Focus** : Concentrating attention and effort on a specific goal or task.
12. **Unemployable** : Not possessing the necessary skills or attributes to be suitable for employment.
13. **System Design** : Creating a plan for a complex structure or process to function effectively.
14. **System Integration** : Combining different parts or components into a cohesive and functional whole.
15. **Lofty Thoughts** : High-minded ideas and ambitions.
16. **Devotion** : Deep dedication, loyalty, and enthusiasm for a cause or goal.
17. **Thirukural** : A classical Tamil literature consisting of couplets that provide ethical and practical guidance.
18. **Inevitable** : Certain to happen; unavoidable.

Exercise

Q. 1 What did Dr. Kalam mention about his 'thinking hut,' and what significant outcome did it yield?

Ans. : Dr. Kalam mentioned that his 'thinking hut' at Rashtrapati Bhawan was a great place where he captured thoughts. It resulted in the creation of two books.

Q. 2 According to Dr. Kalam, what are dreams, and what played a pivotal role in his pursuit of his dreams?

Ans. : Dr. Kalam views dreams as goals or missions in life. He attributes his pursuit of dreams to his exceptional teachers and the strong support and guidance he received from his parents.

Q. 3 How does Dr. Kalam perceive the relationship between success and failure, and what insight does he offer from his personal experiences?

Ans. : Dr. Kalam believes that great success contains an element of failure. He shares that he himself encountered both successes and failures and learned from successful individuals worldwide that challenges and failures are often part of the journey to success.

Q. 4 What does Dr. Kalam observe about the employability of engineering graduates in India, and how does he compare it to a Canadian university's approach?

Ans. : Dr. Kalam notes that about 2/3 of India's engineering graduates are unemployable due to a lack of integration between education and practical application. He contrasts this with a Canadian university where students spend two out of four years in industry, gaining hands-on experience.

Q. 5 Why does Dr. Kalam advocate for entrepreneurship and skill development in education, and what concern does he address?

Ans. : Dr. Kalam advocates for entrepreneurship and skill development because India adds many job seekers annually. He points out that entrepreneurship and skills are not taught in education, contributing to the issue.

Q. 6 What four qualities does Dr. Kalam highlight as essential for success, and how does he elaborate on each one?

Ans. : Dr. Kalam identifies four qualities: a clear aim, knowledge acquisition, hard work with devotion, and perseverance. He elaborates that having a goal, gaining knowledge from various sources, dedicated effort, and continuous perseverance can lead to success.

Q. 7 According to Dr. Kalam, what is the significance of focusing on one goal, and what advice does he offer to overcome challenges?

Ans. : Dr. Kalam believes that focusing on one goal is crucial. He advises individuals to concentrate on one aim, face challenges, and defeat them to achieve their objectives.

Q. 8 How does Dr. Kalam inspire readers with a timeless saying, and what message does he convey through it?

Ans. : Dr. Kalam quotes a saying from Thirukural that likens the height of thoughts to the growth of a lily in a pond. He encourages readers to cultivate lofty thoughts, aspirations, and actions backed by perseverance, leading to inevitable success.

Q. 9 How does the success story of Dr. Kalam inspire the new generation?

Ans. : Dr. Kalam's success story serves as a powerful source of inspiration for the new generation in several ways :

- A. **From Humble Beginnings :** Dr. Kalam emerged from a modest background and faced challenges. His journey showcases that regardless of one's starting point, dedication and hard work can lead to remarkable achievements.
- B. **Perseverance through Failure :** Dr. Kalam openly acknowledges facing failures, which resonates with the struggles that many young people encounter. His ability to bounce back from setbacks illustrates that failures are stepping stones to success.
- C. **Education and Lifelong Learning :** His commitment to education and continuous learning reflects the value of knowledge in personal and professional growth. This encourages the new generation to prioritize education and skill development.
- D. **Dreaming Big :** Dr. Kalam's emphasis on dreaming big encourages young people to set ambitious goals and strive to turn their aspirations into reality. His own journey from a small town to becoming a renowned scientist and leader demonstrates the power of lofty dreams.
- E. **Leadership and Service :** As a former President of India, Dr. Kalam's leadership qualities inspire young individuals to cultivate leadership skills and contribute positively to society. His dedication to public service demonstrates the impact an individual can have on the community.
- F. **Innovation and Creativity :** Dr. Kalam's role in India's space and missile programs highlights the significance of innovation and creative problem-solving. This encourages the new generation to think outside the box and pursue unconventional paths.
- G. **Values and Ethics :** His values, integrity, and humility resonate with young people striving to lead ethical lives. His emphasis on spirituality and moral values showcases the importance of holistic development.
- H. **Role Model and Mentorship :** Dr. Kalam's journey offers a role model for aspiring scientists, leaders, and change-makers. His words and actions provide valuable guidance, serving as a virtual mentor for those seeking guidance.
- I. **Global Impact :** Dr. Kalam's recognition on the international stage demonstrates that individuals from any background can make a global impact. This inspires young people to think beyond boundaries and contribute to the global community.

In essence, Dr. Kalam's success story showcases that passion, hard work, determination, and a strong sense of purpose can lead to remarkable accomplishments. His life serves as a beacon of hope for the new generation, encouraging them to aim high, overcome challenges, and strive for excellence in their pursuits.

(D) Maximum Achievements

"Maximum Achievements: The Seven Keys to Personal Success" by Ken Shelton and Brian Tracy is a comprehensive guide that provides insights and strategies for achieving success and fulfillment across various aspects of life. The book focuses on seven key areas:

1. **Success and Peace of Mind:** The authors emphasize the importance of setting clear goals and developing a positive mindset. By aligning personal values with ambitions, individuals can experience both external success and internal peace.
2. **Health and Energy:** The book underscores the significance of maintaining physical well-being through proper nutrition, exercise, and self-care. Health is portrayed as a foundation for overall success and happiness.
3. **Love Relationships:** The authors highlight the value of nurturing healthy relationships with family, friends, and partners. Effective communication, empathy, and mutual respect are essential for cultivating strong connections.
4. **Financial Freedom:** "Maximum Achievements" discusses strategies for managing finances, saving, and investing wisely. Achieving financial security provides individuals with freedom and flexibility to pursue their aspirations.
5. **Worthy Goals and Ideas:** Setting meaningful goals, backed by careful planning and consistent action, is explored as a crucial aspect of success. The book encourages readers to embrace challenges and work diligently towards their objectives.
6. **Self-Knowledge and Self-Awareness:** The authors emphasize the importance of understanding one's strengths, weaknesses, and passions. Self-awareness enables individuals to make informed decisions and leverage their unique qualities.
7. **Personal Fulfillment:** The book suggests that personal fulfillment is the ultimate goal of success. Achieving balance in all areas of life, including physical, emotional, and spiritual aspects, contributes to a fulfilling existence.

"Maximum Achievements" offers practical advice, real-life examples, and actionable steps for readers to enhance their lives holistically. It emphasizes that success is not limited to a single aspect but involves a harmonious integration of different dimensions, ultimately leading to a well-rounded and contented life.

Glossary

1. **Success :** The achievement of desired goals, outcomes, or objectives.
2. **Peace of Mind :** A state of inner calmness, free from anxiety or worry.
3. **Health and Energy :** Well-being and vitality of the body and mind.
4. **Love Relationships :** Connections built on affection, trust, and understanding.
5. **Financial Freedom :** The ability to manage finances and make choices without financial constraints.
6. **Worthy Goals :** Meaningful and purposeful objectives that align with personal values.
7. **Ideas :** Creative concepts or thoughts that can lead to innovative solutions.
8. **Self-Knowledge :** Understanding one's own strengths, weaknesses, and characteristics.
9. **Self-Awareness :** Conscious recognition of one's thoughts, emotions, and behaviors.
10. **Personal Fulfillment :** A sense of contentment and satisfaction with one's life.
11. **Positive Mindset :** Adopting optimistic and constructive thought patterns.
12. **Nutrition :** The process of obtaining and utilizing nutrients from food.
13. **Exercise :** Physical activity performed to improve fitness and health.
14. **Communication :** The exchange of information, thoughts, and ideas between individuals.
15. **Empathy :** Understanding and sharing the feelings of others.
16. **Investment :** Allocating resources, such as money and time, with the expectation of future benefits.
17. **Balance :** Equilibrium and harmony between different aspects of life.
18. **Personal Development :** The continuous process of improving oneself and acquiring new skills.
19. **Resilience :** The ability to adapt and recover from challenges or setbacks.
20. **Mindfulness :** Being fully present and aware of the current moment and experiences.

Exercise

Q. 1 What is the focus of "Maximum Achievements: The Seven Keys to Personal Success"?

Ans. : The book emphasizes achieving success and fulfillment through seven key areas of life, including health, relationships, finances, goals, and self-awareness.

Q. 2 How does the author define "peace of mind"?

Ans. : "Peace of mind" refers to a state of inner tranquility and absence of worry or anxiety.

Q. 3 What role does "self-knowledge" play in personal success?

Ans. : Self-knowledge involves understanding one's strengths, weaknesses, and qualities, which is vital for making informed decisions and setting meaningful goals.

- Q. 4** How does the author suggest individuals achieve "financial freedom"?
- Ans. :** The author advises managing finances wisely, saving, and investing, leading to financial security and the ability to pursue personal aspirations.
- Q. 5** Why is "health and energy" considered a foundation for success?
- Ans. :** Maintaining physical and mental well-being enhances energy levels, productivity, and overall quality of life, contributing to success in other areas.
- Q. 6** What is the significance of "love relationships" in personal success?
- Ans. :** Strong and healthy relationships based on trust, communication, and empathy contribute to overall happiness and a balanced life.
- Q. 7** How does the author define "positive mindset"?
- Ans. :** A "positive mindset" involves adopting optimistic thought patterns, which can impact how individuals approach challenges and opportunities.
- Q. 8** Why does the author stress the importance of setting "worthy goals"?
- Ans. :** "Worthy goals" align with personal values and aspirations, providing direction and motivation for focused and purposeful actions.
- Q. 9** What is the connection between "self-awareness" and personal fulfillment?
- Ans. :** "Self-awareness" enables individuals to make choices that align with their values and passions, contributing to a fulfilling and meaningful life.
- Q. 10** How does the author advocate for achieving "personal fulfillment"?
- Ans. :** "Personal fulfillment" is attained by maintaining balance in various life aspects, such as health, relationships, and self-growth, resulting in a well-rounded and satisfying existence.
- Q. 11** According to the author, why is resilience important?
- Ans. :** Resilience helps individuals adapt to challenges, recover from setbacks, and continue pursuing their goals despite obstacles.
- Q. 12** What role does "communication" play in building "love relationships"?
- Ans. :** Effective "communication" fosters understanding, trust, and emotional connection in relationships, contributing to their strength and quality.
- Q. 13** What does the term "mindfulness" refer to?
- Ans. :** "Mindfulness" involves being fully present and aware in the current moment, enhancing focus, clarity, and overall well-being.
- Q. 14** Why does the author emphasize the concept of "investment"?
- Ans. :** "Investment" is not only about financial decisions but also about allocating resources, such as time and effort, for personal growth and success.
- Q. 15** How does the author view "balance" in the context of personal achievement?
- Ans. :** "Balance" involves maintaining equilibrium among different areas of life, such as health, relationships, and work, to ensure overall well-being.
- Q. 16** What is the primary message conveyed by "Maximum Achievements"?
- Ans. :** The main message is that personal success and fulfillment are attainable through a holistic approach that encompasses various aspects of life.
- Q. 17** How does the writer encourage readers to approach setbacks and failures?
- Ans. :** The writer suggests viewing failures as learning opportunities and as part of the journey toward success.
- Q. 18** What is the role of "communication" in building and maintaining relationships?
- Ans. :** Effective "communication" fosters understanding, trust, and emotional connection in relationships, contributing to their strength and quality.
- Q. 19** What advice does the author offer for achieving "financial freedom"?
- Ans. :** The author recommends prudent financial management, including saving and investing wisely, to attain financial security and freedom.